

THE NEW YORK CITY DEPARTMENT OF EDUCATION

## Stuyvesant High School

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### SOME WAYS to BECOME — MORE TOLERANT!

1. The more we learn about people who are different from us, the more tolerant, accepting and welcoming we become. It's easy to dislike or even hate someone we don't know and may fear.
2. It's hard to dislike or hate someone we know as a friend. Try these ideas from the **Southern Poverty Law Center**, a non-profit organization that combats hate, intolerance, and discrimination.



- Attend an event, festival, play, listen to music or go to a dance performance by artists, performers whose race or ethnicity is different from your own.

- Volunteer at a local social services organization.



- Attend services at a variety of churches, synagogues, & temples to learn about different faiths.

- Ask a person of another cultural heritage / club to teach you how to perform a traditional dance or cook a traditional meal.

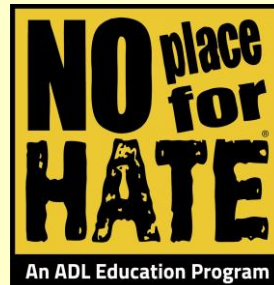


... and more diverse clubs at <https://stuyactivities.org/>

- Learn sign language.
- Take a conversation course in another language that is spoken in your community. Please visit the SPLC at [www.tolerance.org](http://www.tolerance.org)



1. Speak up when you hear slurs. Let people know that bias, racism, & hurtful speech, words & stereotypes are always unacceptable.
2. Research your family history.
3. Share information about your heritage in talks with others.
4. List all the stereotypes you can – **positive and negative** – about a particular group.
5. Are these stereotypes reflected in your actions?
6. Think about how you appear to others.
7. List personality traits that are compatible with tolerance (i.e. compassion, curiosity, openness etc.).



- A. **The more you learn, the less you fear.**
  - Have you ever had a preconceived notion about a person then found out you were wrong once you got to know him or her? That's how tolerance begins.
  - Once you learn you have nothing to fear, you become willing to try more new things, ideas and people.
  - As you practice tolerance and become more comfortable with differences by experiencing them firsthand through relationships, curiosity replaces fears. Your mind opens.
  - You start respecting other people's opinions, practices, and behaviors. You gain a deeper understanding of yourself and others.
  - It's easy to hate a stereotype, hard to hate someone you know and understand.
- B. **Tolerant people are more self-confident and comfortable in all kinds of situations.**
  - Who wouldn't like to feel safer and more secure anytime, anywhere?
  - Studies have shown that people who get along with different kinds of people are emotionally and physically healthier – and more successful in their careers – than those who don't.
- C. **Tolerance makes life more interesting.**
  - What if you were allowed to read books by only one author? If you had to wear blue jeans, white t-shirts and black sneakers every day?
  - What if you were never allowed to try anything new, not even a new soft drink or video game?
  - What if all your friends looked, thought, and behaved exactly alike?
  - What if they all had to be the same age, religion, gender and race etc.? Boring! That's what life without diversity would be like. Read a book or watch a movie about another culture.

# RESPECT FOR ALL

**THE NYC DISCIPLINE CODE  
PROHIBITS HARASSMENT,  
INTIMIDATION, DISCRIMINATION  
AND BULLYING BEHAVIOR**



Students who believe they have been the victim of harassment, discrimination, intimidation and/or bullying by another student or by a staff member, and all students who see or know of such behavior, should report the incident to a school staff member immediately.

It is the policy of the Department of Education to maintain a safe and supportive learning environment that is free from harassment, intimidation and/or bullying and from discrimination on account of actual or perceived race, color, ethnicity, national origin, citizenship/immigration status, religion, creed, gender, gender identity, gender expression, sexual orientation, disability or weight. The policy prohibits such behavior by students against other students and by staff against students.

Staff members who witness or learn about harassment, discrimination, bullying and/or intimidating behavior will take appropriate action to intervene to stop such behavior, including promptly reporting the behavior to appropriate school staff within one school day.

Prohibited behavior includes, but is not limited, to: physical violence; verbal or physical conduct that threatens another with harm; hazing; taunting; exclusion from peer groups designed to humiliate or isolate; using derogatory or discriminatory language to humiliate or harass. This policy is set forth in Chancellor's Regulations and the Citywide Standards of Intervention and Discipline Measures (The Discipline Code.)

Students who engaged in prohibited behavior are subject to appropriate intervention and disciplinary action consistent with the Citywide Behavioral Expectations to Support Student Learning (Discipline Code) and Chancellor's Regulation A-443.

**To report an incident:** If you need help because someone has discriminated against, harassed, bullied or intimidated you, or if you have concerns about such behavior, you can go to: \_\_\_\_\_

**How to report or if additional assistance is needed,  
Submit a complaint online at:**

<https://www.nycenet.edu/bullyingreporting>

or •CALL: 718-935-2288 •EMAIL: [RespectForAll@schools.nyc.gov](mailto:RespectForAll@schools.nyc.gov)





# Respect for All Week

## February 12-16, 2024

During Respect for All Week, your school will have the opportunity to highlight and build upon ongoing diversity programs and to embark upon new initiatives that promote respect for diversity and focus on preventing bullying, intimidation, and bias-based harassment. Your school is also encouraged to promote acceptance and understanding through theme-based lessons and activities.

Suggested themes to host during RFA week are available in the right margin. You are also encouraged to celebrate National No One Eats Alone Day on February 16th, a lunchtime event during which students are encouraged to connect and engage with their peers in order to combat social isolation.

For resources to help you plan your RFA activities, see the Respect for All website: [schools.nyc.gov/RespectForAll](https://schools.nyc.gov/RespectForAll).

For information and activities on No One Eats Alone Day, visit [NoOneEatsAlone.org](https://NoOneEatsAlone.org).

### Celebrate RFA Week by hosting daily themed events such as:

No One Eats Alone Day

Anti-Bullying/ Cyberbullying

Respect for Diversity, Disability, Religious Acceptance

Gender Identity, Sexual Orientation and LGBTQ Pride and Acceptance

Celebrating Kindness/Be an Ally

### For more information contact:

Jolan Nagi  
Office of Safety and Youth Development  
[JNagi@schools.nyc.gov](mailto:JNagi@schools.nyc.gov)  
[RespectForAll@schools.nyc.gov](mailto:RespectForAll@schools.nyc.gov)

# LGBTQ

LESBIAN

GAY

BISEXUAL

TRANSGENDER  
GENDER EXPANSIVE

QUEER OR QUESTIONING

All Students have a right to feel safe at school

## Did you know?

Your school prohibits harassment, intimidation, discrimination & bullying.

If you feel you've been bullied or discriminated against in school because of your actual or perceived gender identity, gender expression, or sexual orientation, you have people you can talk to.



If you need help or have concerns, talk to your Respect for All liaison:

How to report or if additional assistance is needed,  
Submit a complaint online at: <https://www.nycenet.edu/bullyingreporting>  
or •CALL: 718-935-2288 •EMAIL: [RespectForAll@schools.nyc.gov](mailto:RespectForAll@schools.nyc.gov)

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# CHECK & RESPECT

## THE NYC DISCIPLINE CODE AND CHANCELLOR'S REGULATION A-831 PROHIBIT SEXUAL HARASSMENT BY STUDENTS AGAINST OTHER STUDENTS

Sexual harassment includes unwelcome and uninvited sexual advances, requests for sexual favors, sexually motivated physical conduct and other verbal, non-verbal or physical conduct or communication of a sexual nature. It is a violation of DOE policy for students to engage in this behavior on school property or off-school grounds when the behavior disrupts or endangers the school community.

If you feel that you have been the victim of, or witnessed, such behavior by another student, please let your teacher, counselor, the school-designated staff member listed below or someone else on the school staff know. If you feel uncomfortable making a report to a school staff member, you may confidentially contact the Office of Safety and Youth Development by emailing your complaint to [RespectforAll@schools.nyc.gov](mailto:RespectforAll@schools.nyc.gov). You may also make a confidential written report. Copies of the complaint form and Chancellor's Regulation A-831 are available in the principal's office or on the DOE's website.

### HOW TO REPORT OR IF ADDITIONAL ASSISTANCE IS NEEDED:

- ▶ Submit complaint online at [www.nycenet.edu/bullyingreporting](http://www.nycenet.edu/bullyingreporting)
- ▶ Call **718-935-2288**
- ▶ E-mail: [RespectForAll@schools.nyc.gov](mailto:RespectForAll@schools.nyc.gov)
- ▶ Scan QR code for complaint form



The staff member at our school designated to handle complaints of student-to-student sexual harassment is:

