

# Stuyvesant High School

Seung C. Yu, Principal

## DIRECTORY OF GUIDANCE SERVICES

### Administration

Casey J. Pedrick  
Carol Carrano

### Room 222

Assistant Principal, Pupil Personnel Services  
Secretary

212-312-4800 ext.2223

[cpedrick@schools.nyc.gov](mailto:cpedrick@schools.nyc.gov)  
[ccarran@schools.nyc.gov](mailto:ccarran@schools.nyc.gov)

### College Office

Jeffrey Makris

### Room 225

Director of College Counseling

212-312-4841

[jmakris@stuy.edu](mailto:jmakris@stuy.edu)

Elizabeth Hughes  
Allison Kleiman  
Dr. Jearell Wilson

Associate Director of College Counseling  
Associate Director of College Counseling  
Associate Director of College Counseling

[ehughes@stuy.edu](mailto:ehughes@stuy.edu)

[akleiman@stuy.edu](mailto:akleiman@stuy.edu)

[jwilson@stuy.edu](mailto:jwilson@stuy.edu)

Angela DeMasi

College Office Secretary

[ademasi2251@stuy.edu](mailto:ademasi2251@stuy.edu)

### Guidance Office

Myles Sebastien

### Room 236

Guidance Secretary

212-312-4800 ext. 2360

[msebastien2@schools.nyc.gov](mailto:msebastien2@schools.nyc.gov)

Harvey Blumm  
Sandra Brandan  
Angel Colon  
Joseph Feola  
Paul Goldsman  
Undine Guthrie  
Sarah Kornhauser  
Jo-Ann Mahoney  
Audra Parris  
Shakira Rhiman  
Kristina Uy  
Gregg Walkes  
Yang, Lok Man

Internship Coordinator  
School Counselor  
School Counselor  
School Counselor  
School Counselor  
School Counselor  
School Counselor  
School Counselor  
School Counselor  
School Counselor  
School Counselor  
School Counselor

ext. 2381, [hblumm@stuy.edu](mailto:hblumm@stuy.edu)

ext. 2368, [sbrandan@schools.nyc.gov](mailto:sbrandan@schools.nyc.gov)

ext. 2384, [acolon@stuy.edu](mailto:acolon@stuy.edu)

ext. 2385, [jfeola@stuy.edu](mailto:jfeola@stuy.edu)

ext. 2386, [pgoldsman@stuy.edu](mailto:pgoldsman@stuy.edu)

ext. 2361, [uguthri@schools.nyc.gov](mailto:uguthri@schools.nyc.gov)

ext. 2382, [skornhauser@schools.nyc.gov](mailto:skornhauser@schools.nyc.gov)

ext. 2387, [jmahoney3@schools.nyc.gov](mailto:jmahoney3@schools.nyc.gov)

ext. 2367, [aparris2@schools.nyc.gov](mailto:aparris2@schools.nyc.gov)

ext. 2363, [srajwan@schools.nyc.gov](mailto:srajwan@schools.nyc.gov)

ext. 2362, [kuy@schools.nyc.gov](mailto:kuy@schools.nyc.gov)

ext. 2364, [gwalkes@schools.nyc.gov](mailto:gwalkes@schools.nyc.gov)

ext. 2383, [lyang@schools.nyc.gov](mailto:lyang@schools.nyc.gov)

# Stuyvesant High School College Handbook

www.stuy.edu

---

Dear Students and Parents/Guardians of the Class of 2025:

Before you know it, you will be completing the first term of your junior year at Stuyvesant High School and will begin the exciting process of selecting a college. With so many amazing colleges and universities within the United States and abroad, narrowing one's options is not an easy task. The college selection process requires your time, commitment, and self-assessment of your educational, personal, and professional goals.

The College Handbook was created specifically for you, the Stuyvesant High School junior, to help you through the college search and admissions process. Please take time to read the entire Handbook sometime this year. Also, refer to the enclosed College Planning Calendar so that you are aware of what lies ahead.

Remember that you, *the student*, are the most important person in this process...by far! You need to take ownership of this process. But, choosing a college is also a family decision. Please encourage your parents to read this Handbook so that they can be informed and can fully support you on your journey to higher education.

Sincerely,

Jeffrey C. Makris  
Director of College Counseling

Casey J. Pedrick  
Assistant Principal, Pupil Personnel Services

*Stuyvesant High School is a member of NACAC and abides by the NACAC's Guide to Ethical Practice in College Admission*



<https://www.nacacnet.org/>

**THIS DOCUMENT HAS BEEN CREATED SOLELY FOR THE USE OF STUYVESANT HIGH SCHOOL STUDENTS AND PARENTS**

# Stuyvesant High School College Handbook

www.stuy.edu

---

## TABLE OF CONTENTS

	Page No.
<a href="#">Welcome</a>	2
<a href="#">Introduction</a>	4
<a href="#">Naviance Student</a>	5
<a href="#">Introduction to College Admissions</a>	7
<a href="#">What Colleges Look for in Applicants</a>	8
<a href="#">Factors to Consider in Selecting a College</a>	9
<a href="#">Where to Get Information about Colleges</a>	11
<a href="#">Standardized Testing Information</a>	12
<a href="#">Application Plans</a>	13
<a href="#">College Application Material Submission Chart</a>	14
<a href="#">College Planning Timeline</a>	14
<a href="#">The College Interview</a>	19
<a href="#">Sample “Thank You” Email/Letter after a College Interview</a>	20
<a href="#">College Expenses/Financial Aid</a>	21
<a href="#">College Preparation Checklist</a>	24
<a href="#">Useful Resources &amp; Helpful Websites</a>	25

# Stuyvesant High School College Handbook

www.stuy.edu

---

## INTRODUCTION

The college selection process at Stuyvesant High School begins in earnest in the second term of your junior year. The College Office will organize a series of events for our juniors and their families, and our college counselors will begin meeting with juniors individually (parents can attend these private meetings virtually). Also, your school (aka guidance) counselor will start writing your recommendation letter, also referred to as the Secondary School Report (SSR).

The person most responsible for successfully completing this process is YOU. We are here to advise and support you, but you must make the important decisions and follow through in meeting all of the colleges' various requirements and deadlines. Creating a spreadsheet of your prospective colleges will help you organize important information, requirements, deadlines, etc. Use your Naviance tools, read emails from your college counselors, and make sure to save a copy of everything you submit to the colleges.

Please remember that choosing a college is about more than chasing the most selective college that you hope will admit you. *College is a match to be made, not a prize to be won.* Each student should seek out the colleges that will best fit their individual learning style, values, personal interests, academic and professional goals, etc. [Try to keep in mind that exactly where you go to college is less important than you think it is...it is what you do while in college that matters.](#) If you are engaged in your education and committed to having a truly valuable learning experience both inside and outside of the classroom, you will set yourself up for personal and professional success no matter where you go to college, whichever path you choose.

And remember, choosing a college should be fun! You are about to open a brand new chapter in your life, one that will likely be filled with great memories and new relationships, some of which may last a lifetime. Don't let fear and anxiety prevent you from getting excited about the fact that you will soon be entering an amazing new stage of your life, and all of the good things that will come with that.

# Stuyvesant High School College Handbook

www.stuy.edu

## NAVIANCE STUDENT

Naviance Student is an online system that allows students to explore colleges and majors, review Stuyvesant's historical college application data, and stay informed regarding important college planning tasks and events. Seniors will use Naviance to indicate where they'll be applying to college, and our college counselors will use the system to submit required application documents to colleges.

Students receive emails with instructions regarding Naviance account activation starting in the 9<sup>th</sup> grade until their account is activated:

### **Step 1-Activate your Naviance Student account.**

- Visit the following link: <https://student.naviance.com/stuyvesant>
- Click on "I need to register" in the "are you new here?" box on the right side of the screen
- Enter your unique registration code

Then, simply follow the steps to confirm your email address and create a password.

You can then log in to Naviance at any time via the link below:

<https://student.naviance.com/stuyvesant>

### **Step 2- Log in to your account and enter information for your parent (s).**

- Click on the circle with your initials in the upper right corner of your Naviance opening screen
- Click on "my account"
- Click on "parents/guardians" and then the red circle with the plus (+)
- Enter as much information as you can and **make sure to include a working email address**, then click "save"
- Repeat for parent 2, if applicable
- Email our College Office secretary to request that he/she activate your parents' Naviance account. Enter "**PLEASE ACTIVATE PARENT ACCOUNT**" in the subject of the email, and include only **your name** and **official class** in the body of the email.

Ms. DeMasi: [ademasi2251@stuy.edu](mailto:ademasi2251@stuy.edu)

**JUNIOR YEAR- Complete the SSR Survey and College Planning Survey.** School counselors will utilize the SSR Survey to prepare their letters of recommendation. Completing this survey thoroughly and thoughtfully will help them to write the best possible recommendation for you. The college counselors will use the College Planning Survey to learn more about you and what is most important to you in your college search process. Students can access the surveys by clicking on the circle with their initials in the upper right corner of the screen and clicking on "Surveys From Your School". Students do not need to complete the surveys in one sitting; students just need to save frequently to avoid the page timing out.

Also found when clicking that circle icon with your initials is the "journal" feature that allows you to organize all your thoughts and plans in one online location where you can always reach it. One of the best features about the journal is that you can have your journal open on one tab as you explore a college website on another tab. You can take notes or cut and paste information from the website directly into your journal. Keeping all of your research notes in one location will help you write that very important why this college or program section of your application.

*Please check to make sure that your profile and test scores/gpa are correct. If there is an error, notify your college counselor.*

**Careers Tab:** In this section, you will be able to explore careers and complete personality questionnaires by completing the career cluster finder and the career interest profiler. The questionnaires are designed to help you learn about yourself and what sort of careers might serve you best. You can either accept or reject this information, but you might find it useful in helping you think about which universities you might wish to explore in greater detail. With this information in hand, you can use the explore careers & clusters to learn more about a variety of careers and establish a favorites list. A variety of colleges will be recommended with each list.

# Stuyvesant High School College Handbook

www.stuy.edu

---

**Colleges Tab:** In this section, you will find an enormous amount of resources. Explore it thoroughly. Check the college resources link for a host of different links to interesting websites on everything from financial aid to careers in the military to the Common Application. Check the scholarships link for information on numerous scholarship opportunities. Explore and have fun as you learn more about various colleges.

Where you will spend most of your time as you start the college search process is in “the colleges I’m thinking about” section. These are colleges that you are interested in or that your college counselor has entered into Naviance for you to explore as a result of your individual college consultation meeting.

In “the colleges I’m thinking about” section, you can use the ‘visit website’ link to go directly to the university website. Since it opens as a separate tab, you can open your journal on the About Me page and take notes as you explore the website. When you close the tab for the university website, you will still be in your Naviance account and so can continue your exploration on another university.

You can also click the name of the university in the list. This will take you to specific information provided by the colleges to Naviance and will give you Stuyvesant specific information. Admissions statistics for Stuyvesant’s three most recent graduating classes are currently available, and data for the class of 2024 will be available by mid- July. The General info, Admissions, Financial Aid, Majors and Degrees, and Student Life tabs are all active and contain a great deal of useful information.

The “scattergram” is a visual feature for you to understand our college acceptance statistics. Scattergrams currently present information for the three most recent graduating classes, and information for the class of 2024 will be available this summer. The scattergrams/graphs include Stuyvesant High School data that plots the GPAs and ACT/SAT scores on a graph. However, many colleges practice a holistic admissions process that includes many additional factors. You need to read the admissions data and scattergrams in Naviance critically because neither tool reveals anything about students’ strength of schedule, extracurricular commitments, legacy status, athletic recruitment, or any other significant holistic factors. The graphs and Naviance data only reflect numerical patterns, the only data that can be put on a graph, and do not reflect the full complexity of the admissions process. Talk to your assigned college counselor at Stuyvesant. You might be more or less of a candidate than the Naviance data suggests.

The “colleges I’m applying to” list: Once you have decided the schools to which you will apply in the fall, you need to compile a list of the schools in this section or get them switched from the *colleges I’m thinking about* section to the *colleges I’m applying to* section. You need to identify which application plan you will use to apply to each institution, based upon their available options and your preferences. You can read the general definitions of each application plan [here](#). You are responsible for making sure that the info listed in your “colleges I’m applying to” is correct. If you are applying to colleges through Early Decision and/or Early Action, or if your application is due on a special deadline date, you are responsible for informing your college counselor two (2) weeks before the due date. If you inform your college counselor less than two (2) weeks before the deadline, there is no guarantee that your application materials will be sent on time.

Once you have submitted your application, most universities will give you log in information for a web portal that will allow you to monitor the arrival of each part of your application including: your transcript, senior year schedule, teacher recommendations, SSR, school report form, supplements, etc. You may also monitor through your Naviance Student account the sending status of your supporting documents. Please let your college counselor know if anything is missing. **Please remember that once documents are submitted it can still take anywhere from one to three weeks before this information will be reflected in a college’s portal.** If something appears missing, don’t panic. Your college counselor can help address the situation. Again, it is your responsibility to monitor the arrival of each portion of your application.

**Planner Tab:** this is an electronic planner book. You are able to create your “goals” and “to-do-list.” Your college or school counselor might, on occasion, assign “tasks” to you, such as a meeting notice.

## INTRODUCTION TO COLLEGE ADMISSIONS

The majority of Stuyvesant students choose to attend a four year college. Most Stuyvesant seniors apply to several colleges. The College Office recommends that students apply to a maximum of no more than a dozen colleges.

College admissions decisions are based primarily on:

# Stuyvesant High School College Handbook

www.stuy.edu

---

- ✓ Your high school transcript with final course grades from six or seven terms
- ✓ The degree to which you have challenged yourself academically in high school. Very selective colleges will want to see that applicants have taken available AP or other college level courses
- ✓ Test scores on standardized exams such as the SAT and ACT (Learn more about test optional policies at [www.fairtest.org](http://www.fairtest.org))
- ✓ Your school counselor's recommendation (SSR) and teacher recommendations
- ✓ Extracurricular activities and any noteworthy talents or achievements
- ✓ Demonstrated interest
- ✓ A personal essay
- ✓ Supplemental (college specific) essays or short answer questions
- ✓ An interview, wherever offered
- ✓ Other special factors might include preference given to children of alumni, the ability to participate in varsity athletics, geographic distribution of applicants, having no financial need, or other contextual factors such as being first generation to college or socioeconomically disadvantaged.

The College Office encourages you to explore and research a wide variety of colleges. Seek out colleges that are likely to be a good “fit” for you, colleges having the kind of academic and social climate that you envision for your college experience. Your final list of college choices should include a range of schools based on the probability that they would offer admission to Stuyvesant High School students with academic credentials comparable to yours. Please log in to Naviance to view prior years' college admissions data or to research individual colleges via the “colleges” tab. Use these statistics to help in determining colleges that would be considered *reach*, *possible*, and *likely/safety schools* for you.

- *Far Reach or Reach* – colleges that may be very difficult for you to gain admission
- *Possible* – colleges at which you have a reasonable chance of gaining admission. Synonymous with “target”.
- *Likely or Safety* – colleges that are extremely likely to offer you admission.
- Also keep in mind *financial safety schools*...colleges that will not only admit you, but that you know your family will be able to afford. For many families, those may be CUNY or SUNY schools.

Your high school average is based on all course grades, except those for physical education, through the end of your junior year. Your average will include all Regents classes that you had taken in middle school. At the end of your first term senior year, your Mid-Year grades are sent to all of the colleges to which you have applied that will review them; this includes essentially all Common App colleges. The colleges will carefully evaluate these grades to make admissions decisions. A strong first term senior year can absolutely work to your advantage. A poor senior year first term, on the other hand, will adversely affect your chances for admission.

College admissions offices value Advanced Placement (AP) and other challenging classes taken in high school. According to one Dean of Admissions, “...the college will be looking foremost at the applicant's initiative in seeking out tough courses ... even at the expense of getting slightly lower grades.” Choose a senior year program that is appropriately challenging, especially in the subject areas of interest to you. However, we want to caution you against taking a program that is too challenging for you to be successful. Do not overload your program with too many Advanced Placement courses. You need to be able to demonstrate an ability to succeed in your program all year long. And, your health always comes first.

Second term senior year grades and certification of graduation are reported to the college you are planning to attend. In some cases colleges request and evaluate your report card grades from the first or second marking period of your 2<sup>nd</sup> term senior year to assist in making a final decision. ***All colleges reserve the right to rescind your acceptance if your academic performance during your senior year does not meet its standards.***

# Stuyvesant High School College Handbook

www.stuy.edu

## WHAT COLLEGES LOOK FOR IN APPLICANTS

The factors used in the admissions process, or the weight attributed to each factor, can vary from college to college. However, some of the most common and significant factors are described below:

- **Transcript**

This is usually the most important aspect of your application. Your course grades, the degree to which you have challenged yourself in high school, and any important trends in your academic progress are three factors colleges consider when evaluating candidates for admission. It is your responsibility to carefully read your transcript to ensure that it is correct

- **Standardized Tests**

Many colleges and universities will continue to utilize [test-optional admissions policies](#) next year as they have for the most recent admissions cycles. But, preparing for and taking either the ACT or SAT before the fall of senior year remains wise for all of our students, as strong test scores still have value in a test-optional admissions process. Students can decide in the senior year whether or not they will send their test scores to some or all of the colleges to which they'll apply. A School-Day SAT for Juniors will be offered in March 2024; check your email and Stuy's weekly updates for details in the coming months.

It is important to remember that the test-optional movement exploded during the COVID pandemic, and that this resulted in massive increases in applications for the most selective colleges. Some highly selective colleges experience application growth by as much as 40%-60%. However, these colleges did not increase the size of their freshman classes, and they continue to see this unprecedented volume of applications. This has made some colleges more selective than they have ever been, noticeable more so than prior to 2020.

- **Personal Statement/Supplemental Essays**

Your personal statement (college essay) is a very important part of your college application. The essay affords you an opportunity to express your individuality; it will help to differentiate you from other candidates with similar averages and test scores. You may write about your special interests, talents, and influential experiences and people. If your only extracurricular activity is a job, you might write about how your job has been meaningful to you and/or your family. The general rule is "The essay should be something only you could write"—it should be as specific as possible, avoid generalities, and be in your voice. It might be helpful to look at one of the many guides available regarding writing a successful college essay. Use the resources shared with you by our College Office in June, and work with your senior year English teacher and assigned college counselor.

While many students may utilize the Common Application and therefore only need one primary college essay (personal statement) for most colleges, many Common App colleges also ask for school specific supplements. Look at these very carefully once you know where you might apply, and give each supplement your full attention as you would your primary essay. *Many colleges consider these to be more important than your personal statement!* Finally, begin these essays over the summer. The Common Application typically becomes available in August. Writing essays is very time consuming, it is in your best interest to complete a satisfactory draft over the summer.

- **Recommendations**

Many colleges require two teacher recommendations. Teacher rec letters should come from two different major subjects from the 10<sup>th</sup> or 11<sup>th</sup> grade. Consult the Stuyvesant teacher rec letter guidelines posted in Document Resources in your Naviance account. Another significant adult who knows you very well and supervised you in activities such as research, community service, employment, the arts, athletics, etc. could also write a letter in support of your application. These supplementary letters of recommendation should specifically address your exceptional achievements in that specific field and should provide significant additional information not otherwise present in your



# Stuyvesant High School College Handbook

www.stuy.edu

application. Supplemental recs are not a required part of the application process, so do not feel compelled to seek one out, and you are not at a disadvantage without one.

- **Senior Grades**

Your senior year grades may be looked at closely by the colleges, as will your senior year academic program. A challenging program is necessary for the most selective colleges. Most selective colleges will require mid-year senior grades. If you are an ED/EA applicant, the college(s) you apply to may request your fall semester first marking period grades in their evaluation of your candidacy. If you are a Regular Decision applicant, colleges may even request your second term senior year 1<sup>st</sup> and/or 2<sup>nd</sup> marking period grades to aid in their evaluation of your candidacy. In addition, colleges often review the courses you are taking in your second term senior year to make sure that you are continuing to meet their standards of academic rigor.

- **Activities/Extracurriculars**

Colleges are also interested in what you do outside of the classroom. A student who has shown significant dedication and commitment to several extracurricular activities is often a more compelling applicant. In addition, colleges want to see that students have made productive use of their summer vacations. Your accomplishments outside of the classroom help some selective colleges make distinctions between otherwise similarly well qualified candidates.

- **Demonstrated Interest**

Generally speaking, many colleges want to see that students have shown an interest in them, beyond submitting the application. This is due to their need to predict, maintain or improve their “yield”...the percentage of admitted students who enroll. Yield is a critical statistic for many colleges. This is particularly true of small to medium sized colleges. Demonstrating interest in a college can be done in a variety of fashions, including: a campus visit, meeting their representatives at college fairs, at Stuy’s high school visits, interviews, virtual info sessions, etc.

## **FACTORS TO CONSIDER IN THE COLLEGE SEARCH**

Choosing a college is a big decision. In order to make an intelligent choice, you need to gather a great deal of information and to consider your specific preferences. Considerations such as who you are, what you hope to achieve, and the kind of environment and location in which you want to live are all important factors to consider in creating a list of colleges that would likely be a good “match”, or “fit”, for you. Try to learn as much as possible about various colleges: which schools offer the kinds of programs in which you are interested, what their application requirements are, how much it will cost to finance your education at those schools, and so forth. The ideal school for your best friend may not be the best school for you; neither will schools with “name brand recognition” necessarily be the best fit for you. It is important to judge a school by more than its reputation. The questions below are designed to help you evaluate many of the factors you should consider when choosing colleges to which you might apply.

### **Your Interests**

1. What fields and subjects interest you the most? If you are unsure about your academic interests, that’s fine! It might then be best to look for colleges that offer a wide range of programs, or colleges where advisors are more accessible.
2. Why do you really want to go to college? What do you expect to gain from the experience?
3. Based on your academic history, what do you feel are your strengths?

### **Location**

1. Do you prefer a school in a large city, a college town close to a city, or a rural setting far from a major city?
2. Do you prefer a school close to home where you will be able to visit home easily for a weekend or short breaks?
3. Perhaps a school where it’ll be easy and financially feasible for your family to visit you?

### **Academics**

1. Does the college offer the program(s) in which you are interested?
2. Is the college known for a particular program?

# Stuyvesant High School College Handbook

www.stuy.edu

3. What are the school's policies regarding course requirements, selecting a major, double majoring, and cross registering at neighboring schools?
4. What are the strengths or weaknesses of the program(s) in which you are interested?
5. What is the student-to-teacher ratio? How many students are there in a typical class?
6. Are most classes taught by full-time professors or by graduate students?
7. How accessible are the college's professors? Do undergraduates have the opportunity to assist professors in their research?
8. Is there a core curriculum? Are there distribution requirements? Are decisions on curriculum left largely up to the student?
9. Does the school accept Advanced Placement credit? Is there a minimum score needed?
10. Is there an honors program available at the school? Who is eligible to participate?
11. Does the college offer/encourage study abroad or at another U.S. campus?
12. What percentage of freshmen return for the sophomore year?
13. Do most of the graduates go on to graduate school immediately upon graduation? What is the rate of acceptance at medical, law, or business schools?
14. How many graduates go right into the marketplace? Is there a career services office that assists students with finding summer internships and jobs after graduation? Which firms recruit on campus?
15. Are there opportunities for hands-on work experiences while students are in college? Do any of these pay a salary or stipend?

## Size and Student Population

1. Smaller schools may be more nurturing and supportive whereas larger schools may offer greater diversity, both academically and socially. Some small colleges belong to consortia that enable them to offer greater resources while maintaining their supportive atmospheres.
2. Is the college small (fewer than 2000 students), medium-sized, or large (more than 15,000)? How often will you have large lecture style classes versus small interactive classes? Does the college have graduate students?
3. Is the college ethnically/racially/culturally/socioeconomically diverse? In what way?
4. Does the college attract students from all over the U.S. and the world or are the majority of students from the immediate region?
5. What are the students like? Historically, what kinds of students are interested in this particular college and why?
6. What kinds of student organizations are active on campus (political groups, college newspaper, student government, volunteer/mentoring groups, etc.)?
7. What is the male/female ratio?
8. What kind of religious life exists on campus?
9. Can the school meet my special needs (dietary/religious/medical/academic)?
10. Do students primarily live on campus, off-campus, or do most students commute from home?
11. What is social life on campus like? How important are fraternities and sororities? Varsity sports?

## Financial Factors

1. How much will it cost to attend this school (including tuition, fees, room and board, books, travel to and from campus, and spending money)? Use the institution's *net price calculator* to get an early estimate.
2. Will I qualify for financial aid? Is the amount of financial aid offered negotiable? Does the college offer academic merit scholarships/tuition discounts, or is aid based solely upon financial need?
3. Will I go on to graduate school? Will this affect how much I can spend on my undergraduate education?

## Facilities

1. How are the college's libraries and computer facilities?
2. Are there adequate sports and recreational facilities (e.g., a swimming pool, athletic fields for non-varsity players, music practice rooms)?
3. Is a wide variety of intercollegiate and intramural sports programs available? What facilities and programs are available for women?

## Living Conditions/Safety/Accessibility

1. Is campus housing readily available? Is on-campus housing guaranteed for all four years?
2. Are the dorms coed? Are the bathrooms? Are single sex dorms available? Gender-Neutral housing or restrooms?
3. Are alternative housing arrangements available?
4. How safe is the campus? How does the college ensure safety on campus?
5. Are there support systems for underrepresented students, or LGBTQ students, and other affinity groups?

# Stuyvesant High School College Handbook

www.stuy.edu

6. What kinds of [learning accommodations/supports exist for eligible students](#), and how accessible are these services? How do students gain access to these services?

## WHERE TO GET INFORMATION ABOUT COLLEGES

There are many ways to learn about the hundreds of excellent colleges in the U.S. and abroad. Take advantage of the resources available at Stuyvesant, and research and try to visit those college campuses in which you are most interested.

- College websites, especially their admissions pages
- Various college guides (*Fiske Guide to Colleges*, etc.)
- Your college counselors are available in the College Office Room 225
- Junior College Information Night in February, 2024
- Stuyvesant's special events like the Spring Into Admissions Panel and our annual college fair (TBD)
- Attend open houses held by various colleges
- College Fairs; click [here](#) for more information about the NACAC fair
- The *Occupational Outlook Handbook*, an excellent source of information about careers and the educational preparation needed for these careers, can be found online at <https://www.bls.gov/ooh/>.
- College campus visits
- College admissions representatives will visit Stuyvesant during the school day in the fall of the senior year to conduct information sessions and to answer your questions

## STANDARDIZED TESTING INFORMATION

Prior to the COVID pandemic, ACT or SAT scores were required by most selective four year colleges. While [many colleges are now test-optional](#), and some are even test-blind/test free, we recommend that you take the ACT or SAT as a junior, as strong test scores can still play a role in a test-optional admissions process. If necessary, take it again in the fall of your senior year.

**PSAT/NMSQT** (Preliminary SAT/National Merit Scholarship Qualifying Test) examination measures critical reading skills, math problem-solving skills, and writing skills. Our juniors take the digital exam at Stuyvesant to participate in the National Merit Scholarship Competition. If your score meets the criteria, you may become a National Merit Semi-Finalist. National Merit Finalists are selected during senior year and may receive college scholarships. However, PSAT/NMSQT scores are *not* a part of the college application requirements.

**SAT** is an examination that takes approximately two hours to complete. The current SAT is an adaptive, digital exam and is primarily multiple-choice.

# Stuyvesant High School College Handbook

www.stuy.edu

**ACT** is administered by ACT, Inc., is an alternative form of assessment to the SAT. Neither test is preferred over the other by college admissions offices; students can use either exam. Students can take the ACT with an optional essay but that essay often plays no role in the college admissions process now. For more information about the exam, visit [www.act.org](http://www.act.org).

It is the student's responsibility to ensure that your ACT or SAT Score Reports are sent to the colleges to which you are applying. That can be done via the test company website, although many colleges now accept [self-reported scores](#). In general, colleges will consider your highest scores on each individual section of the SAT.

**Fee Waivers** for the SAT and ACT tests are available to financially disadvantaged students with meal codes A, 1 or 2 as determined through annual completion of [income verification forms](#). Eligible students may obtain these fee waivers from the College Office.

## **Testing Accommodations:**

- Sunday Testing is available only for students who cannot take a test on Saturday because of religious reasons. Please visit <https://collegereadiness.collegeboard.org/sat/register/special-circumstances/request-sunday-testing> and/or <https://www.act.org/content/act/en/products-and-services/the-act/registration.html> for information regarding Sunday testing.
- Students with a documented disability may be able to receive testing accommodations. Please visit <https://collegereadiness.collegeboard.org/sat/register/special-circumstances/students-with-disabilities> and/or <http://www.act.org/content/act/en/products-and-services/the-act/registration/accommodations.html> for more information.
- [Wait list \(SAT\)](#) or [Standby Testing \(ACT\)](#) are possibilities for students who miss the late registration deadline. There is never a guarantee that you will actually be seated for an exam via wait list or as a standby. Test centers accept standbys on a first-come first-served basis only if they have sufficient space, testing materials, and staff. ***Avoid standby testing if at all possible!*** Consult the appropriate test company website for details
- Rushing Scores: The College Board and act.org provide "score rushing" services for an additional fee. Rushing your score will usually speed up delivery of your scores to colleges by up to a week or a week and a half; however, *not all colleges will accept rushed scores*. Note that while the rushed score will arrive more quickly, it will sometimes take more time for the college to process since it arrives on paper. Also, rushed reporting does not mean rushed scoring. Plan ahead and schedule your tests in a timely fashion to avoid having to rush your scores!

<b>Stuyvesant High School as Test Center Code:</b>	<b>33684 (SAT); 207200 (ACT)</b>
<b>Stuyvesant High School CEEB Code:</b>	<b>334070 (Both ACT and SAT)</b>

## **APPLICATION PLANS**

### **Early Application Options**

- Early Decision (ED): The acceptance decision is binding. Under the ED plan, a student may only apply via ED to one school, they may not apply to more than one school ED during that round. If you receive an acceptance through an early decision application, you must notify all other colleges to which you

# Stuyvesant High School College Handbook

www.stuy.edu

have submitted an application that you have received such an offer and withdraw your other applications. You must also inform your college counselor in person or via email.

- Early Decision II (ED II): Many competitive colleges offer an ED II plan. Though the ED II application deadline is later than ED deadline, the acceptance decision is also **binding**. If a student applied to College A via its ED plan, they may not apply to College B via its ED II plan until their application has been denied or deferred by College A.
- Early Action (EA): A student may apply to more than one college under an EA plan. The acceptance decision is not binding. Students have until May 1 to choose whether or not to attend.
- Restrictive Early Action: This is a less common non-binding early application plan that includes restrictions regarding where else a student may apply via EA or ED. Read the REA policy carefully to fully understand any restrictions. Students have until May 1 to choose whether or not to attend.

It is the responsibility of each student to carefully read and adhere to each college's ED and EA policy. It is the student's and family's responsibility to make sure that they are complying with the various colleges' ED and EA policies, as well as the various colleges' ED policies with regard to Financial Aid. ED applicants seeking financial aid should complete the institution's net price calculator and discuss the results as a family before signing the ED agreement.

## **Regular Decision**

RD refers to the general admission round, with deadlines normally taking place in December, January or even later into the spring. The acceptance decision is not binding. Once admitted, the applicant has until May 1 to inform the college whether or not s/he chooses to attend the college.

## **Rolling Admissions**

A Rolling Admissions procedure means that the college's admissions office will review a student's application as soon as the completed file is received. It is in the student's best interest to submit his or her application as early as possible before the new class is filled to its capacity, especially for popular public universities. Decisions may be issued within a few weeks after they are made. Students should consult the college websites for priority filing dates that, if met, often make students eligible for additional scholarships. Many state universities as well as some private colleges use the rolling admissions process. Rolling admissions is not binding. Students have until May 1 to choose whether or not to attend.

You can read more about each of these application plans [here](#).

## **COLLEGE APPLICATION MATERIAL SUBMISSION CHART-WHO SUBMITS WHAT?**

Application Requirements	Responsible Party	How/When
Test Scores (SAT or ACT)	Student	Send via <a href="http://www.collegeboard.org">www.collegeboard.org</a> or <a href="https://www.act.org/">https://www.act.org/</a> OR <a href="#">SELF-REPORT SCORES</a> WHERE APPLICABLE
Online Application	Student	Submit electronically by deadline
Essays & Supplements/ Supplemental Rec Letters/required SRARs	Student	Submit electronically by deadline
*SSR (Secondary School Report)	<b>The College Office</b>	Sent electronically with transcript by deadline w school counselor letter
*Transcript & Course Schedule	<b>The College Office</b>	Sent electronically with SSR by deadline

# Stuyvesant High School College Handbook

www.stuy.edu

*School Profile	The College Office	Sent electronically with transcript and SSR
**Mid-Year Report (7 <sup>th</sup> Semester Grades)	The College Office	Sent once all fall semester grades are available.
*Teacher Letter of Recommendation	Teacher (NOT the College Office)	Usually via Naviance, or web portal, by deadline

\* In most cases, colleges will accept required school documents submitted after deadlines

\*\*Some colleges will require first marking period grades for EA/ED/REA applicants in addition to the Mid-Year Report

## COLLEGE PLANNING TIMELINE-GRADES 11 & 12

### JUNIOR YEAR

#### FALL TERM

- Prepare for the [PSAT/NMSQT](#). This exam is also **National Merit Scholarships Qualifying Test**. In addition, it is excellent practice for the SAT. PSAT and SAT scores **do not** appear on your high school transcript. Take the **PSAT/NMSQT** exam at Stuy in October. Use your results to prepare a study plan for your college admissions testing.
- Preliminary programming for spring term begins. Carefully consider the courses you will be taking. Make sure you are fulfilling all of your graduation requirements. Refer to your School Counselor and also your Stuyvesant Student Planner. It lists all graduation requirements and includes a check-off list for your completed courses.
- Start preparing for the [ACT](#) or [SAT](#). Aim to take at least the ACT or SAT (or you can try both) by the end of the junior year.
  - Financially disadvantaged students with meal codes A, 1 or 2 as determined by completion of school income inquiry forms are able to obtain SAT and ACT Fee Waivers. Please email to the College Office to obtain [fee waivers](#).
- In the winter, you can start your SSR Survey in Naviance Student, which your School Counselor will use to help prepare your letter of recommendation

#### SPRING TERM

- The College Counselors will conduct a presentation for juniors & their families before the February break
- College Counselors will begin to meet with juniors in their caseload. You will receive emails from your college counselor at the email address in your Naviance account – make sure that you check this address regularly.
- Register to take SAT or ACT exams, as applicable, and/or take the School Day SAT at Stuy in March.
- Parents/Guardians will be invited via email to schedule spring term appointments for 30 -minute family meetings with their college counselor. **Family meetings will only be held in the junior year.**
- It's a good idea to become familiar with the college resources available at school:
  - Become familiar with Naviance Student. It is also a rich resource of college information.
  - The Stuyvesant Library has a collection of College Reference Guides and Standardized Test prep materials.
  - There are many useful documents and resources in the College Office web page on [www.stuy.edu](#).
  - Please visit individual college websites. You may find virtual campus tours, admissions data, information regarding specific majors and programs, etc.

# Stuyvesant High School College Handbook

www.stuy.edu

---

- Preliminary programming for your senior year begins. Selective colleges favor students who succeed in challenging classes. Most colleges will evaluate your senior year grades. Take the most difficult program you can *successfully manage*...but avoid overscheduling yourself!
- Carefully review your high school transcript for accuracy. All of your high school courses and Regents Examinations should be listed with correct grades. Make sure all corrections are brought to the attention of your School Counselor immediately.
- Research and apply for summer programs. See the opportunity bulletins posted in Talos. Consider a variety of activities such as summer study in a college program, research leading to a possible Regeneration project, volunteering, perhaps a job that will help you put aside money for college, etc.
- Discuss college options and financing your college education with your family.
- Make sure that you regularly check your stuy.edu email address. The College Office often emails important information to you. These messages are also stored in your Naviance account.
- Attend our massive annual college fair (TBD) with your parent/guardian(s). This is a very special event that affords you and your family an excellent opportunity to listen to and speak with the many college representatives who visit Stuyvesant.
- Ask two (**and only two**) of your teachers from different subject areas if they would be willing to write a college letter of recommendation for you. Be gracious – your recommenders spend a great deal of time and effort in support of your college applications and write only on a voluntary basis.
- Advanced Placement Exams are offered in May. AP scores can be self-reported in college applications in the fall. Students can decide which scores to include, if any
- If you are applying to a Service Academy (West Point, Annapolis, etc.), you must apply now to your Senator or Representative for a Service Academy Nomination.
- Continue researching colleges that might be of interest to you.

## SUMMER

- Have a productive summer...but also make sure to catch up on rest and have some fun!
- Research the various colleges. You want to find a college that will likely be a good fit for you. See the sections of this handbook “Factors to Consider in Selecting a College” as well as the resources listed at the end of this handbook.
- Begin your college essay. Most colleges make their supplements available over the summer as well. Start your college essays over the summer so that you can better meet the demands of the whole college process while maintaining excellent first term senior year grades. Use the resources emailed to you by our College Office
- Visit college campuses. This is often seen by colleges as a sign of demonstrated interest, which is a factor in the admissions process for many selective colleges. But most importantly, it’s a great way to identify where you’ll want to apply.
- Create an account on [www.commonapp.org](http://www.commonapp.org) in August. This is where most of your college applications will be submitted. Choose a username and password that is easy to remember; you will be logging in and out numerous times over the next few months. **HOWEVER, DO NOT SUBMIT ANY APPLICATIONS OVER THE SUMMER!**
- Remember to link your Common App with your Naviance Student account by entering your Common App email address on Naviance Student under the *Colleges I’m Applying To* tab. We will share explicit instructions for doing so in September.
- Work with your family to complete the net –price calculators for colleges of interest to determine potential affordability; this is a vital task for students who might apply to college via a binding Early Decision plan.

# Stuyvesant High School College Handbook

www.stuy.edu

---

## SENIOR YEAR

### FALL TERM

- Complete the brief SSR update survey in Naviance only if you have any significant updates from the summer
- Senior College Night: the College Office staff will discuss important logistics and provide advice regarding the college application process. This event is for parents of seniors only. Watch for the email announcement. A student version of this assembly will be held during the school day.
- Check your transcript for accuracy. Your initial transcript, which includes all high school credits and grades up to the end of your junior year, will be sent to the colleges to which you apply. Request transcript corrections, if necessary.
- Match your Common App & Naviance accounts, and assign your teacher recommenders in Naviance, in accordance with the instructions contained within the College Office folder within the Document Resources section of your Naviance account
- College counselors begin individual meetings with their students.
- College representatives will be visiting Stuyvesant and speaking about their schools. In many cases these are the same people who will be evaluating your college applications. You should attend sessions for colleges you know you want to apply to as well as colleges you would like to learn more about. These visits are listed in Naviance, and are regularly updated.
- If a representative's presentation conflicts with one of your classes, make sure to ask your teacher for permission to attend and know that you are responsible for making-up any material missed during that class. Pick up a pass from the College Office for your teacher to sign if you will be missing class.
- Check [www.collegeboard.org](http://www.collegeboard.org) for upcoming SAT dates and registration deadlines, if applicable.
- Check [ACT College and Career Planning - Students and Parents | ACT](#) for upcoming ACT test dates and registration deadlines, if applicable.
- If you are applying to schools in the U.K., please know that Oxford and Cambridge have very early application deadlines. In contrast, other U.K. schools have deadlines that are much later than typical American colleges' Admissions deadlines. U.K. colleges require that students complete the UCAS application. Please visit <https://www.ucas.com/undergraduate> for more information regarding colleges in the U.K.
- In October, November, and December, you will be notifying the College Office of your college selections by completing the *Colleges I'm Applying To* section on Naviance Student.
- Regarding colleges that you are interested in applying to, it is crucial to thoroughly read the colleges' Admissions Offices' websites. You must provide each college with everything that it requires or recommends. In addition, you must adhere to all application deadlines, including application due dates and financial aid forms due dates.
- If you plan to apply Early Decision (ED) and/or Early Action (EA), you must inform the College Office by entering this in Naviance by no later than **October 21, 2024**.
- For students applying EA/ED: The 2025-2026 FAFSA and CSS Profile will be due earlier than normal. The CSS-Profile is a financial aid form that is required by some colleges. It is available on the CollegeBoard site: [CSS Profile](#)
- Financial aid applicants can complete your FAFSA (Free Application for Federal Student Aid) form at [fafsa.gov](http://fafsa.gov)
- If you plan to apply to colleges that have Rolling Admissions or a Priority, you must indicate such on Naviance Student at least one week before the deadline.



# Stuyvesant High School College Handbook

www.stuy.edu

---

- Apply to college in the City University of New York (CUNY) system – General CUNY applications may be submitted online at <http://www2.cuny.edu/admissions/apply-to-cuny/>. Be sure to include your 9-digit OSIS number in your CUNY application.
- If you plan to apply to the Macaulay Honors College, the CUNY Honors Programs, you *do not* need to complete a separate general CUNY application. Your CUNY Macaulay Honors application will automatically be considered for general CUNY admission.
- You may apply to colleges in the State University of New York (SUNY) by using [The Common Application](#)
- Most colleges’ deadlines for submitting your completed ED and/or EA applications are November 1 or November 15.
- Early applicants should hear from their colleges by mid-December. You may be “accepted,” “deferred,” or “denied.”
- If you are accepted via ED application and have received a financial aid package that makes attendance possible, you must withdraw your applications from all other colleges where you have an active application.
- Indicate all of your Regular Decision or Rolling Admissions colleges in Naviance by **January 3, 2025**

## SPRING TERM

- As soon as your Fall 2024 final term grades are available, the College Office will automatically send them to all of the colleges to which you have applied that require them. You do not need to bring mid-year grades forms to the College Office. This will happen in early February.
- Consider using part of the Mid –Winter recess to visit the campuses of colleges that you have not yet seen.
- Make sure you have completed all financial aid applications/forms if you have not yet done so: FAFSA, CSS Profile, TAP Tuition Assistance Program – please visit [www.hesc.ny.gov](http://www.hesc.ny.gov) (Higher Education Services Corporation of New York State) for more information regarding the TAP Grant & Excelsior Scholarship, and any other financial aid forms your colleges may require.
- CUNY Macaulay Honors decisions are sent out in March.
- Most colleges have sent their regular decisions to applicants, and invite admitted students to visit their campuses.
- Evaluate your acceptance and financial aid offers so that you can decide where to attend college by the National Candidates Reply Date (May 1). You must accept admission to one, and only one, college by May 1 and make a tuition deposit. **You cannot submit more than one deposit.** If you do, you may forfeit your acceptance at both institutions; some colleges share lists of depositing students.
- Select a college in the “college that I am attending” in your Naviance Student account.
- Please be considerate of students on waiting lists of colleges that have accepted you, but that you do not wish to attend, and promptly decline these colleges’ offers of admission.
- If the school you will be attending is different from the one listed in your TAP online application at [www.hesc.ny.gov](http://www.hesc.ny.gov) , change the school and correct any incorrect financial data as soon as possible. Tuition Assistance Program/Excelsior grants are potentially available for students who attend college in New York State.
- At the end of June, The College Office sends your final transcript to the college that you will attend.
- Congratulations, Graduates!

## THE COLLEGE INTERVIEW

As part of the application process, some colleges offer you the opportunity to [have an interview](#) with either an admissions officer or one of its New York City area alumni. The College Office encourages you to seek out interviews in order to enhance your candidacy. Once you are given the date, time, and place of the interview, the interviewer's name and title, and the interviewer's telephone number, make sure you know how to get to the location of the interview and how long the trip will take. Virtual interviews are also commonplace.

**First impressions are important**, so remember to dress appropriately for your interview. There is no need to wear a suit and tie; just look like the best version of your regular self. Some recommend dressing "business casual". You should arrive at the interview ten to fifteen minutes early. Before each college interview, spend some time thinking about why you are interested in that specific college. Research special programs. Review the college's website and any other materials the college has sent you. Know what the college's mission or philosophy is. During your interview, show an interest in the college and its academic and extra-curricular programs.

Although there is no way to know exactly what you will be asked in an interview, you should be prepared to discuss such topics as:

- Why do I want to go to this particular college?
- What could I contribute to the college community?
- What are my goals, both personal and academic?
- What am I interested in (academics as well as interests outside of the classroom)?
- What do I expect to gain from my college experience?
- What are/might be my career plans?
- What did I do last summer and what did it mean to me?
- What are my favorite books?
- What was the last book I read for pleasure?

When you meet the interviewer, shake hands. Try to maintain eye contact and not answer questions with one word or yes/no answers. Do not be afraid to say that you are undecided about your major or future plans. Show the interviewer that you are a mature, confident, intelligent, and independent young adult. Finally, be polite. Thank the interviewer as you leave. You should send a Thank You note or email to the interviewer and express your appreciation (make sure you know his/her full name and title). Please see the sample "Thank You" letter that follows; it provides a general sense of what you might include in a thank you note. We know from past experience that your conduct in the interview can have a positive or negative effect on your candidacy.

# Stuyvesant High School College Handbook

www.stuy.edu

---

## Sample “Thank You” Letter/Email After a College Interview

Your Street Address  
Your City, State, Zip Code  
Your Telephone Number

Date

Name of person who interviewed you  
Interviewer’s professional job title  
Organization or Company or College for which interviewer works  
Town or City, State, Zip Code

Dear (Name of person who interviewed you):

I am very appreciative of the opportunity I had to be interviewed by you on (date of interview). I found our conversation worthwhile in many ways. (Cite some specific examples.)

I found our discussion about (mention a specific point discussed during the interview which will exhibit to the interviewer that you were engaged and attentive during the interview) and the advice you gave me (be specific here too, if possible) very valuable.

Thank you for your time spent on my behalf.

Sincerely,

*Your Signature*

Your name, typed

### Some additional points to consider:

- Do not be afraid to mention in your thank you note something you forgot to mention during the interview.
- The thank-you note should be brief. Remember that you already wrote, or will write, a great deal about yourself in your application.
- Send the thank you note or email shortly following the interview (within a few days).

# Stuyvesant High School College Handbook

www.stuy.edu

---

## COLLEGE EXPENSES/FINANCIAL AID

Financial aid helps meet the costs of your college education. Your total costs can include not only tuition, but room and board, books, travel expenses, etc. How much financial aid you are offered may be a large factor in determining which college you attend. This section will give you an overview of what financial aid means and how you apply for it, but please remember, this is only a brief outline.

Financial aid applications are lengthy and detailed and could take hours to complete. It is important that your family's tax forms and monetary records are available and up to date. There are crucial financial aid deadlines set by the colleges. It is imperative to carefully read the financial aid requirements of all the colleges to which you are applying. Financial aid forms have to be filled out every year you attend college.

Financial aid offered by colleges can be based on a family's "Need" or "Merit". Financial Need is defined as the difference between what it costs to attend a particular college (tuition, room, board, etc.) and what you and your family are expected to pay towards your college education. Your yearly Student Aid Index (SAI) is determined by completing the [FAFSA](#), in many cases the [CSS Profile](#), and in some cases the specific college's own financial aid form(s). In determining a family's financial need, colleges consider a number of factors including: income, the number of people in the family, and other assets.

Merit aid is aid awarded because applicants possess desirable characteristics for a given institution. Academic and athletic scholarships are two common types of institutional merit awards.

When you begin your college search, you should not rule out any school because of cost without doing the net price calculator. Many colleges offer individual students a tremendous amount of financial aid. If you could use money for college, do not be afraid to apply for aid, even if you think you won't qualify for aid. Almost 90% of students attending private colleges received some form of need or merit based aid. "Tuition discounting" is common practice among private colleges; last year, the average discount rate was over [54.5%](#). However, your final list of college choices should include academic and financial "safety" schools. You can estimate the cost of attending a particular school by using the Net Price Calculator. The Net Price Calculator is a tool that you can use to estimate your "net price" to attend a particular college or university. Net price is the difference between the "sticker" price (full cost) to attend a specific college, minus any grants and scholarships for which you may be eligible. For more information, visit this link: <https://bigfuture.collegeboard.org/pay-for-college/paying-your-share/focus-on-net-price-not-sticker-price>.

Some types of financial aid are given to the student in the form of grants or scholarships, money that you do not need to repay. Other financial aid comes in the form of loans that need to be repaid after graduation and/or work study that the student needs to earn through a campus job.

Once the Financial Aid Offices at each college to which you have been accepted have reviewed your family's financial information, each will notify you about your financial aid award. The award will indicate the types of financial aid you will be receiving and the amounts of each type of aid. The award amount varies from college to college. If your aid award is insufficient, or if your family's income has recently decreased, please contact the colleges' financial aid offices to inquire about an appeal.

# Stuyvesant High School College Handbook

www.stuy.edu

## Common Grants, Scholarships and Loans

### Grants and Scholarships

Sources of Aid	Monetary Value	How to Apply
College/University specific scholarships	Varies; need or merit based	<a href="#">FAFSA</a> , and possibly <a href="#">CSS Profile</a> , or college specific aid forms.
<a href="#">Federal Pell Grant</a>	Varies, based upon financial need	FAFSA
<a href="#">Federal Supplemental Educational Opportunity Grant (SEOG)</a>	Varies, based upon financial need	FAFSA
NYS Tuition Assistance Program (TAP)	Varies; need based; can only be used in NYS	FAFSA & <a href="#">TAP application</a> or NYS Dream Act
<a href="#">National Merit Scholarships</a>	Varies	Junior year PSAT result and then NMS app
<a href="#">EOP/HEOP/SEEK Programs</a>	Varies	Must meet specific income guidelines/apply through individual college applications
<a href="#">NYS Excelsior Scholarship</a>	Up to full tuition at CUNY/SUNY but does NOT cover any other educational expenses	hesc.ny.gov . Many restrictions apply
ROTC Scholarships	Up to tuition, fees, other educational expenses	Requires military commitment. Visit <a href="#">www.rotc.com</a>
Various private scholarships	Varies, can be based upon numerous other factors	Apply directly through scholarship websites. See Stuy weekly updates, Naviance, and College Office emails

### Loans

Loan Type	Description	How to Apply
Federal Direct Loan	Students borrow money to help pay for college Please visit <a href="https://studentaid.gov">https://studentaid.gov</a> for details you with the loan process	Complete the FAFSA, college financial aid offices help
Parent Loans for Undergraduate Students (PLUS)	Parents borrow money to help pay for college Please visit <a href="https://studentaid.gov/">https://studentaid.gov/</a> for details you with the loan process	Complete the FAFSA, college financial aid offices help
Private Student Loans or Supplemental Loans or Alternative Loans	Some families choose to borrow to cover much of their unmet financial need	Be a smart consumer, look for loans with the lowest interest rates and best repayment options.

## SAMPLE FINANCIAL AID AWARDS

See below for some sample financial aid awards based upon what students have actually received over the years. Your aid award will be made available to you some time after you are admitted to any college or university, often through your online college portal. **When assessing your aid awards for each college, you must determine the following:**

- What are the total costs of attendance that would need to be met for this college? That is always more than just tuition charges and can include room and board, a meal plan, travel and personal expenses, fees, books, etc.
- How much aid being offered is in the form of grants or scholarships?
- Are any scholarships being awarded renewable, and what must I do to earn them in the following years?
- How much is being offered in loans? [Explore loan options carefully](#); federal loans are usually the safest option.
- How much will I need to pay out-of-pocket?
- Am I being “gapped?” Meaning, is there missing money between my total aid award and the cost of attendance?

Take a look at the sample aid packages below and ask yourself these questions as you evaluate each option!

### CUNY City University

# Stuyvesant High School College Handbook

www.stuy.edu

<b>Aid Award</b>	<b>Total</b>	<b>Costs</b>	<b>Total</b>
Federal Pell Grant	\$7395	Tuition & Fees	\$6930
NYS TAP Grant	\$4535	Books/Supplies Transportation	\$3000
		Personal	\$2000
<b>Total Aid</b>	<b>\$11, 930</b>	<b>Total Costs</b>	<b>\$11,930</b>

## Big Hoops University

<b>Aid Award</b>	<b>Total</b>	<b>Costs</b>	<b>Total</b>
Big Hoops Scholarship	\$15000	Tuition	\$34750
Big Hoops Grant	\$10000	Fees	\$770
Federal Pell Grant	\$7395	Residence Hall	\$9250
Federal Direct Subsidized Loan	\$3500	Meal Plan	\$5720
Federal Direct Unsubsidized Loan	\$2000	Books/Supplies/Transportation	\$2000
NYS TAP Grant	\$5665	Personal	\$1500
<b>Total Aid</b>	<b>\$43560</b>	<b>Total Costs</b>	<b>\$53990</b>

### COLLEGE PREPARATION CHECKLIST

# Stuyvesant High School College Handbook

www.stuy.edu

---

## I. Checklist of required/optional items before submitting college applications:

1.  I have reviewed the college website carefully.
2.  I have visited the campus.
3.  I have engaged with admissions representatives (virtual or in-person)
4.  I have checked that the college offers the programs I am interested in.
5.  I have taken all required/recommended standardized tests (SAT or ACT)
6.  I am ready to send my standardized test scores to colleges or choose test-optional where appropriate
7.  I have included this college on my Common App list.
8.  I have included this college on my Naviance “colleges I’m applying to list.”
9.  I have indicated the correct application plan for each college in Naviance (EA/ED/ED II/RD)
10.  **I have met with my college counselor to discuss potential colleges and my plans!**
11.  I know the deadlines for submitting all of my college applications.
12.  I have completed my essay(s).
13.  I have completed my colleges’ supplemental applications.
14.  I have completed any required Self Reported Academic Records (NYU, Northeastern, Rutgers, etc.)
15.  I have checked my high school transcript carefully and submitted necessary corrections.
16.  My family and I are prepared to complete all required financial aid forms (CSS profile, FAFSA...)

## II. Things to Do after Receiving Acceptances:

1.  My enrollment deposit/commitment form has been submitted to the college I will be attending.
2.  I have carefully reviewed and accepted my financial aid award
3.  I have informed colleges that have accepted me that I am not going to attend.
4.  I have completed my housing request form or I have found off-campus housing, if necessary.
5.  I have completed any requested pre-registration materials, health forms, and scheduled orientation.
6.  I have made sure my TAP application reflects the correct college, if applicable and attending college in New York State.

## Resources

Many of the following books are available in the school library, public libraries and local bookstores...& of course Amazon.com

# Stuyvesant High School College Handbook

www.stuy.edu

---

- *The Price You Pay for College*. Ron Leiber
- *Where You Go Is Not Who You'll Be*. Frank Bruni
- *Who Gets In and Why*. Jeffrey Selingo
- *The Hidden Ivies: Thirty Colleges of Excellence*. Harper Collins.
- *How to Get an Ivy League Education at a State University*. Avon Books.
- *Looking Beyond the Ivy League: Finding the College That's Right for You*. Loren Pope
- *The Fiske Guide to Colleges*. Edward B. Fiske.
- *The K & W Guide to Colleges for Students with Learning Disabilities*. The Princeton Review
- *The Best 387 Colleges*. The Princeton Review.
- *The Princeton Review: Guide to College Majors*.
- *College Board: College Handbook*. The College Board.
- *College Cost Book*. The College Board.
- *College Handbook, Index of Majors*. The College Board.

## Websites

- [Stuy's College Office](#)
- <https://lesshighschoolstress.com/>
- Naviance Student- <https://student.naviance.com/stuyvesant>
- College Results Online- [www.collegeresults.org](http://www.collegeresults.org)
- Free Application for Federal Student Aid - [www.fafsa.gov](http://www.fafsa.gov)
- New York State Aid – <https://www.hesc.ny.gov/>
- NYS Dream Act-state aid for undocumented students-<https://www.hesc.ny.gov/dream/>
- Scholarships– [www.fastweb.com](http://www.fastweb.com)
- EFC Calculator (estimator) for CSS Profile (when prompted to “Pick a Formula”, choose “Institutional Methodology”) - [CollegeBoard EFC Calculator](#)
- Federal aid information: <http://studentaid.ed.gov>
- FINAID, a great free site covering many aspects of financial aid: [www.finaid.org](http://www.finaid.org)
- The College Board – [www.collegeboard.org](http://www.collegeboard.org)
- Common Application - [www.commonapp.org](http://www.commonapp.org)
- National Survey of Student Engagement- <https://nsse.indiana.edu/support-resources/students-parents/pocket-guide/english.html>
- National Association for College Admission Counseling: [www.nacacnet.org](http://www.nacacnet.org)
- Scholarships for NYC Students: <http://www.newvisions.org/pages/scholarship-opportunities-list>
- The Project on Student Debt-<http://ticas.org/posd/home>
- WSJ Guide to Student Loans EBook: <https://s.wsj.net/public/resources/documents/the-wsj-guide-to-student-loans.pdf>